

# THE PARENT EXPERIENCE

## Packing Guidelines

We recommend packing in large duffle bags that can fold and store easily under the campers' bunks. There is only a 9-inch clearance under the bunks where all luggage needs to be stored.

## T-shirts for All Camp Days

Shirts can be brought from home, or you can buy a white Hazen shirt for around \$13 in the camp store. Sessions A,B & D require white shirts.

## Unplugged experience — No Wi-Fi = better connection

To help children develop independence, and to maintain a safe environment, Camp Hazen maintain a 'No Cell Phone' policy. Not only are cell phones disruptive to a child's camp experience, but they are also expensive and can easily get lost or stolen. We want our campers to experience living in a natural environment and reconnect with friends and nature. We also believe that not having instant access to a cellphone promotes independence and personal problem solving, as campers are compelled to find solutions on their own or ask one of our fully trained staff for help. We request that you communicate this policy to your child before their arrival at camp and encourage letter writing as their means of contact so that there are no surprises upon arrival.

Talk about the experiences ahead and about your expectations, including setting realistic goals about how often they can expect to hear from you and

## WHAT NOT TO BRING

We are completely unplugged, which means...No Electronics. Period.

Campers should **NOT** bring any of the following items:

- Cash
- Any electronic device (iPods, electronic games, e-readers, electric fans, computers, cell phones)
- Food
- Pets
- Fireworks
- Water guns
- Vehicles

- Tobacco products
- Drugs OR drug paraphernalia
- Alcohol
- Weapons of any type

If a camper brings any of these items to camp, the item will be confiscated and either sent home or held until the end of the session. Campers found in possession of weapons, drugs, alcohol or drug paraphernalia may be immediately be dismissed from camp.

## PLEASE CAREFULLY LABEL ALL ITEMS.

Pack together with your camper. This allows your camper to know where everything is and to develop a sense of responsibility. This is also a good time to talk about the experiences ahead and build the excitement. It's also a good time to talk about personal responsibility, living in a community setting and your expectations about their interactions with others.

There is a lost and found at camp, encourage your child to check it out if they have lost something. Camp Hazen YMCA is NOT responsible for any items that are lost or stolen.

We have the ability to do laundry if an accident requires it, but there is no regular laundry done during the session.

## BEFORE CAMP

This packing list is for a 2 week session- please adjust accordingly for a 1 week session.

### CLOTHING

- 12-16 Face Masks
- 8-12 t-shirts
- 1 White T-shirt (*Tye Dying/All Camp Day Event*)
- 1-2 long sleeved shirts
- 6-8 pairs of shorts
- 2-3 pairs of long pants/jeans
- 1-2 sweatshirts
- 2-3 swimsuits
- Swim shirt/rash guard
- 1-2 pairs of pajamas
- 13-15 pairs of underwear
- 13-15 pairs of socks
- Raincoat or poncho
- 1- 2 pairs of sneakers (*required for some activities*)
- 1- 2 pairs of flip flops, crocs or sandals
- Dress Clothes for Final Banquet (*totally optional*)

### GEAR

- 1 wrist watch
- 1 twin size fitted & flat sheet
- 1 blanket or comforter
- 1 sleeping bag
- 1 pillow & pillowcase
- 2 bath towels + 2 beach towels
- 1 laundry bag
- 1-2 water bottles
- Sunscreen
- 1 flashlight with extra batteries
- Day backpack
- Insect repellent (non-aerosol)
- Toiletries (soap, shampoo, hairbrush, toothpaste, toothbrush, etc...)
- Container to carry toiletries to shower

### OPTIONAL ITEMS

- Reading material - paper/printed books only
- Deck of cards
- Stationery & pre-addressed stamped envelopes or postcards