



1. Has there been a change in your child's health status since you submitted the 2020 Health History form?
2. Have you traveled out of CT, NY, NJ or RI in the last 14 days?
3. In the past 14 days, have you had contact with any persons who were sick with suspected COVID-19 or tested positive for COVID-19?
4. Do you have any symptoms of a respiratory infection (e.g. cough, sore throat, fever, or shortness of breath)?
5. Have you had a fever within the last 72 hours?
6. Have tested positive for COVID-19 within the last 14 days?

## A child/staff will be unable to attend camp until:

### 1. Has there been a change in your child's health status since you submitted the 2020 Health History form?

- If yes, update Health History Form on CampInTouch

### 2. Have you traveled out of CT, NY, NJ or RI in the last 10 days?

<https://portal.ct.gov/coronavirus/travel>

- If yes, the camper may return to camp once the 10 day quarantine has completed or has met criteria in #2
  1. Anyone traveling into Connecticut from a state or territory, other than New York, New Jersey, or Rhode Island, or from a country other than the United States, is directed to self-quarantine for a 10-day period from the time of last contact within the identified state or country.
  2. Affected Traveler is exempt from the self-quarantine requirement if the Affected Traveler (1) has had a test for COVID-19 in the seventy-two (72) hours prior to arrival in Connecticut or at anytime following arrival in Connecticut, (2) the result of such COVID-19 test is negative, and (3) they have provided written proof of such negative test result to the Commissioner or Public Health via email to [DPH.COVID-Travel@ct.gov](mailto:DPH.COVID-Travel@ct.gov)

### 3. In the past 14 days have you had contact with any persons who were sick with suspected COVID-19 or tested positive for COVID-19 in the last 14 days?

<https://www.ctoec.org/wp-content/uploads/2020/03/COVID-19-Waivers-and-Modifications-12.24.2020.pdf>

OEC – COVID-19 Waivers “Licensing Waivers & Modifications – Executive Orders No.9 and 9A) page 10 “Exclude the children and staff members who are determined to have had close contact with the affected child/staff member for 14 days after the last day they had contact with the affected child/staff member.”

OEC still states 14 days, CDC & CT DPH says 10 days.

<https://portal.ct.gov/-/media/DPH/HAI/COVID19-CTquarantineguidance12-16-20v2.pdf>

**Based on the updated guidance from CDC, the Connecticut Department of Public Health (DPH) recommends changing the quarantine period for persons known to be close contacts of cases of COVID-19 to 10 days if:**

- 1) Daily self-monitoring for COVID-19 symptoms has been done and the person has had no symptoms of COVID-19 during the whole 10-day quarantine (day 0 is the day of exposure); AND
- 2) Daily symptom monitoring continues after 10 days for an additional 4 days (days 11–14). If any symptoms develop, immediately self-isolate and contact their local public health department or their healthcare provider; AND
- 3) After 10 days, persons need to continue to take the measures needed to prevent COVID-19, including but not limited to: wearing a mask when out in public and avoiding gatherings with people who are not in your immediate household, are over 65 years old or who have medical conditions that place them at increased risk for COVID-19. These are also summarized here: [How to Protect Yourself & Others | CDC](#)

**Based on the updated guidance from CDC, the Connecticut DPH also recommends that when diagnostic testing resources are sufficient and available, the quarantine period for persons known to be close contacts of COVID-19 can end after Day 7 if:**

- 1) Daily self-monitoring for COVID-19 symptoms has been done and the person has had no symptoms of COVID-19 during the whole 7-day quarantine (day 0 is the day of exposure); AND
- 2) A negative diagnostic test (molecular or antigen) for coronavirus (SARS-CoV-2) is obtained on day 5 or later and a negative test result has been received; AND
  - a) The quarantine period should not end before 7 days, even if a negative test result was obtained earlier
  - b) If a test result is still pending at day 7, the person cannot end quarantine until that result is received and is negative
- 3) Daily symptom monitoring continues after 7 days for an additional 7 days (days 8–14). If any symptoms develop, immediately self-isolate and contact their local public health authority or their healthcare provider; AND

- 4) *After 7 days, persons need to continue to take the measures needed to prevent COVID-19, including but not limited to: wearing a mask when out in public and avoiding gatherings with people who are not in your immediate household, are over 65 years old, or have medical conditions that place them at increased risk for COVID-19. These are also summarized here: [How to Protect Yourself & Others | CDC](#)*

Anyone who has had close contact with someone with COVID-19 and who meets the following criteria does NOT need to stay home:

1. *Has COVID-19 illness within the previous 3 months AND*
2. *Has recovered AND*
3. *Remains without COVID-19 symptoms*

**4. Do you have any symptoms of a respiratory infection (e.g. cough, sore throat, or shortness of breath)?**

- *Must be symptom free for 72 hours, without any medication*

**5. Have you had a fever within the last 72 hours?**

- *Must be fever free for 72 hours, without any fever reducing medication*

**6. Have tested positive for COVID-19 within the last 14 days?**

**OR answered Yes to Question 4 & 5.**

- *I think or know I had COVID-19 and I had symptoms:*
  - *10 days since your symptoms first appeared AND*
  - *24 hours with no fever with the use of fever-reducing medications AND*
  - *other symptoms of COVID-19 are improving (loss of taste and smell may persist)*
- *I tested positive for COVID-19 but had no symptoms:*
  - *10 days have passed since you had appositve viral test for COVID-19, if you develop symptoms, follow the list above.*