



## **CAMP HAZEN YMCA**

### **PARENTAL CONSENT—U18**

**Full Name of Staff Member under the age of 18.....**

My child has my permission to leave Camp Hazen YMCA property on their days off. They may be transported by Camp Hazen YMCA or may make other arrangements. I understand that in doing so, I assume and accept responsibility and risk associated with allowing the above mentioned minor to leave camp.

I have discussed guidelines with my child, including:

- Who they may or may not accept transportation from or provide transportation to
- Appropriate activities on time off
- Expected communication with home and camp
- Housing assignments

I understand Camp Hazen YMCA is not responsible if they do not follow these guidelines.

.....  
Signature of Parent/Guardian

.....  
Date

.....  
Signature of Under 18 Staff Member

.....  
Date

# **PLEASE RETURN TO CAMP BY MAY 1st**

**Camp Hazen YMCA**  
204 West Main Street, Chester, CT 06412  
(860) 526-9529 Fax: (860) 526-9520

## PARENTAL CONSENT—U18

Dear Parent or Guardian,

We are delighted that your child will be joining our summer staff! This will be an amazing opportunity for them to make a difference in the lives of our campers, plus learn and grow so much themselves. For many of our Assistant Counselors, we have watched them grow up here at Hazen. It has been a pleasure to see them grow into the confident young adults they are now. Your child has been chosen for a position as an Assistant Counselor or Counselor because we feel that they are ready for the responsibility of taking care of our campers.

We ask parents to establish guidelines with your child for their time at Hazen. In their transition from camper to counselor they will start experiencing camp in a different way. Being independent from your household, our young staff members will find themselves making decisions on their own. A few topics we wish for you to discuss with your child ahead of time is their time off, housing situation, and communication.

Thank you for trusting Camp Hazen YMCA with your child for so long and we are excited to move forward with them as part of our staff team.

Kath Davies  
Camp Director

## TIME OFF

As the parent of a staff member under the age of 18, we want to make sure that you are aware that your child will be given opportunities to leave camp on their days off.

Counselors and Assistant Counselors usually have three days off per two-week session. Days off are announced the 2nd Wednesday of each session for the following two weeks.

Each time off block looks slightly different:

### Overnight Camp:

- Day 1: Starts at 10:00am and ends at 11:00pm.
- Day 2: Starts at 6:00pm and ends at 4:00pm the following day. If they are planning on sleeping at camp, they must return by 11:00pm.
- Changeover: Check Out Friday at approximately 9:30pm to 9am on Sunday Morning for Check In Day

### Day Camp

- Day 1&2: Middle Friday evening to Sunday at 11:00pm
- Evening off each week.
- Changeover: Check Out Friday at approximately 9:30pm to 9am on Sunday Morning for Check In Day

Plus, all staff will have a time off during staff orientation if they are here for those weeks.

## COMMUNICATION WITH CAMP

For years you have been the primary contact with us about your child's camp experience. Now, your child has a job with us. It will be hard for you to give up this direct line of communication, but it is important for your teen to own the responsibility of communicating with their employer. If you need an answer, ask your child first - you may need to remind them that they probably have the information in an email. Then, encourage them to reach out to the office to ask the question.

Your child may have some nerves or second thoughts about doing this work. Be a sounding board, and remind them of the skills they bring and the opportunity they have. If your child sees obstacles, encourage them to get in touch with camp themselves and start a conversation. Communicating for themselves is a crucial skill for employees.

Of course at the end of the day we are happy to give you general information about dates for trainings and such - but information pertaining directly to an employee will only be shared with their consent.

## COMMUNICATION WITH HOME

In an effort to keep camp focused on personal interactions we are a technology free environment. This applies to our staff as well. Our staff do not always carry their cell phones with them (a wrist watch would be a great gift for them!) Staff have breaks during the day where they can access their phones and Wi-Fi. In the age of instant responses don't be alarmed if it takes time for your child to respond to your texts and voicemails. It is not uncommon for staff to take a couple of days to get back in touch with parents at home, as the chances are they are spending their free time at camp hanging out with their new friends!

## HOUSING

If your child is a counselor in our day camp program and has chosen to live on site, they will live in staff housing. If your child works in overnight camp, they will be assigned to one of our camper cabins. All our housing for both staff and campers consists of Girls+, Boys+ and All Gender Cabins. We encourage you to have a conversation with your child prior to them making their preference.

## THEY GOT THE JOB!

### HOW CAN YOU BE A SUPPORTIVE PARENT OF A STAFF MEMBER?

**Listen.** Your child may have some nerves or second thoughts about doing this work. Be a sounding board, and remind your child of the skills they bring and the opportunity they have. If your child sees obstacles, encourage them to get in touch with camp themselves and start a conversation. Communicating for themselves is a crucial skill for employees.

**Be proud!** Believe it or not, working at a summer camp is no easy job. You give up many of the freedoms of the outside world, and become immersed in a different universe!

With that in mind, **don't be surprised** when you don't get a reply to that text immediately, or possibly even the same day. Their phones won't be stuck to them like at home.

In the same vein, don't be shocked when they choose to spend their day off with other staff. **If you have expectations** for them to have family time, please talk to your teen about that before the summer, so they can plan accordingly. If your family has rules about who can drive your cars, or who your teen can be in a car with, be sure to make those expectations clear to them. You will be asked to sign off on our time off policies for staff that are under 18.

**Be a mentor not a manager.** When you do hear from your child, you may hear about frustrations or fatigue or feelings that you want to fix. Hold that thought! Part of handling a job is learning what to do when it's challenging.

Give your young adult the space he or she needs to express those emotions, without jumping in with solutions right away. Ask what they've already tried, ask what they're considering doing next. Ask them to let you know how it goes.

**Give empathy without intervening.** If your child is at a loss for how to handle a situation and reaches out to you, reach back. Give empathy, and (if none of the asking from the last tip worked) give some suggestions. If you offer more than one, your child still has the opportunity to pick one and try it - a valuable part of the problem-solving cycle.

**Reach out to camp directly if your child is at risk.** You are always an expert in your child. If you fear they are in a bad situation, physically or mentally, please do reach out to camp leadership and let them know.



### DATES TO KNOW:

- **May 1st**- Forms Due
- **Saturday May 20th** to **Sunday May 21st**, 8:30am—3:30pm—AC Training Weekend
- **2pm June 17th** **9am June 26th**—Staff Orientation

### SESSIONS:

- **Session A:** June 25th-July 7th
- **Session B:** July 9th—21st
- **Session C:** July 23rd—August 4th
- **Session D:** August 6th—18th
- **Sampler:** August 20th-25th