



Camp Hazen YMCA

Policies & Procedures
in response to COVID-19

Summer 2020 & Fall

Contents

| | |
|--|----|
| Why Open? | 3 |
| Who can/should attend? | 3 |
| Why would I send my child to camp this summer?..... | 4 |
| The Program | 5 |
| Traditional Day Camp (entering 1 st - 5 th grade)..... | 5 |
| New Day Program (entering 6 th - 10 th grade)..... | 5 |
| Symptoms & Understanding the Spread | 6 |
| Person-to-person spread | 6 |
| Spread from contact with contaminated surfaces or objects | 6 |
| How easily the virus spreads..... | 6 |
| Screen and Preventing COVID-19 Infections | 7 |
| Check In & Check Out | 7 |
| Preventing Infections..... | 8 |
| Response and Management of Case(s) or Probable Case(s) | 9 |
| A child/staff will be unable to attend camp until:..... | 10 |
| Contact Tracing | 11 |
| Health Lodge | 13 |
| Food Service | 14 |
| Our Staff | 15 |
| Cleaning and Disinfecting | 17 |
| Types of Surfaces..... | 17 |
| Cleaning of Facility..... | 17 |
| Cleaning of Program Areas | 18 |
| Parent Resources | 19 |

Why Open?

Commissioner Beth Bye, of the State of Connecticut Office of Early Childhood, has stated that it's important for camps to continue to meet their mission to assist children and families by providing 'critical childcare for frontline workers' and 'critical experiences for children' during this public health crisis.

We believe it is our responsibility to be a support to our community during this time. We have made this decision by listening to and in consultation with numerous people and government agencies, including, but not limited to the following:

- Connecticut Office of Early of Childhood – the state department we are license through
- Governor Lamont's executive orders and recommendations of the Re-Open Connecticut Advisory Group
- Center for Disease Control
- YMCA of the USA
- Connecticut Alliance of YMCA's
- American Camp Association – National
- American Camp Association – New England
- Environmental Health & Engineering, Inc. – hired by ACA & Y-USA
- Connecticut Camp Association
- Wildwood Pediatrics
- Connecticut River Area Health District
- Connecticut Children's: OneCall Access Center/Covid19 Hotline
- Camp Hazen YMCA's Board of Directors
- Camp Hazen YMCA's Registered Nurse's

Who can/should attend?

All campers, staff and volunteers will be required to participate in a health screening each time they enter the property. This will include the following questions:

1. Has there been a change in your child's health status since you submitted the 2020 Health History form?
2. Has your family traveled to a country that the CDC has issued a Level 2 or 3 travel designation in the last 14 days?
3. Have you had contact with anyone under investigation for COVID-19 in the last 14 days, or with anyone known to have COVID-19?
4. Do you have any symptoms of a respiratory infection (e.g. cough, sore throat, fever, or shortness of breath)?

No camper, staff or volunteer will be allowed to participate, attend or work at Camp Hazen YMCA if they answer yes to any of the above questions or if they have a temperature of over 100°.

If you have any reason to believe that your child has a greater health risk due to a medical condition or underlying health concern you should seek medical advice before considering sending your child to camp. Parents/Guardians of campers that are at higher risk you must consult your child's medical provider to assess their risk and determine if attendance is acceptable. People who need to take extra precautions include:

- People at higher risk for severe illness
- People who are immunocompromised
- People with asthma, HIV, liver disease, serious heart conditions, lung disease, severe obesity, diabetes

For full details on Higher Risk people visit the CDC website [here](#).

You need to make the right choice for your family. If you have someone in your home that is in an 'at risk' category, you should carefully consider whether sending your child to camp is the best choice at this time.

The state has required Youth Camps to have all campers and staff sign an Informed Consent Form. This is available on your [CampInTouch](#) account.

Why would I send my child to camp this summer?

This is a family choice. Only you know what is best for your family.

We have heard from a number of families who have shared their reasons for needing camp this summer, to name a few:

- The need for a safe place for their child to be when they are able to return to work
- The need for their child to be able to be outside, in a safe environment with good role models
- After months in front of a computer screen, the need for camp is greater than ever
- The need to give their child an opportunity to interact with others outside of their household in a supportive environment

There is no question that any time you let your child out of your sight they are at a greater risk than if they were to stay with you at home. Although Camp Hazen YMCA plans on doing all we can think of to minimize the risk to your child of getting sick - by limiting participants, increased health screenings, greater cleaning protocols and by considering all national recommendations and adhering to all local guidelines - it would be impossible to make any promises that there will not be someone with COVID-19 symptoms at camp this summer. Later in this document you will find our policies for what our procedures will be in this situation.

The Program

By now, I am sure you are aware that the Governor of Connecticut has announced that Overnight Camps are not permitted to open this summer. So, for this summer Camp Hazen YMCA is focusing on providing Day Programs for our local community.

Traditional Day Camp (entering 1st - 5th grade)

The activities and structure of this program are very similar to previous years. As with all our programs, the focus is on friendship and fun, while helping kids be the best version of themselves in a safe environment surrounded by good role models. The biggest differences in the program are:

- Maximum group size will be 10 children, as per OEC regulations
- Groups will remain separated from each other and will not intermingle with other groups
- Daily health screenings of campers, staff and volunteers
- Only one group will be inside one building at any one time
- Enhanced cleaning and sanitizing of equipment, activity areas and common spaces
- Some program activities will be limited, due to the need to ensure effective cleaning between use

New Day Program (entering 6th - 10th grade)

In addition to the bullets listed above, our newly designed program for our older campers will allow for the groups to choose their own activity schedule verses having a predetermined program, as with our younger campers. As you may know, in our traditional overnight program, campers have the choice to design their own personal program schedule. With the limitations of groups of 10 campers staying together for the entire program, this day program has been designed around the concept of group consensus vs individual choice.

We are also looking at what makes our overnight camp program so special, and trying to incorporate many of the traditions into this program.

For those that will miss our Overnight Camp program, our philosophy this summer is *"A little bit of camp, is better than no camp at all!"*

****As per OEC Coronavirus Memo #29 that was issued on September 14th, "The allowable group size in one space is increased to sixteen children" We have taken this number into account when grouping children for our Fall Camp Care Program.**

Symptoms & Understanding the Spread

All staff will be trained to understand the symptoms and understand the spread of COVID-19. People with COVID-19 have had a wide range of reported symptoms – from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms:
- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

[Children](#) have similar symptoms to adults and generally have mild illness. This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

Person-to-person spread

The virus is thought to spread mainly from person-to-person.

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

[Maintaining good social distance](#) (at least 6 feet) is very important in preventing the spread of COVID-19.

Spread from contact with contaminated surfaces or objects

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but we are still learning more about this virus.

[Wash your hands](#) often with soap and water. If soap and water are not available, use an alcohol-based hand rub. Also, [routinely clean](#) frequently touched surfaces.

How easily the virus spreads

How easily a virus spreads from person-to-person can vary. Some viruses are highly contagious, like measles, while other viruses do not spread as easily. Another factor is whether the spread is sustained, which means it goes from person-to-person without stopping.

The virus that causes COVID-19 is spreading very easily and sustainably between people. Information from the ongoing COVID-19 pandemic suggests that this virus is spreading more efficiently than influenza, but not as efficiently as measles, which is highly contagious.

Screen and Preventing COVID-19 Infections

Check In & Check Out

On a regular day parents should never have to get out of their car during check in and check out. It is recommended that the same person picks up and drops off each day, and are asked to wear a face covering. You will receive a 'Check In' email a few days prior to your session that will direct you exactly where and when to drop off. Depending on how many children we have we may use both sides of the street for drop off/pick up and possibly stagger arrival times.

Every day parents will be asked to confirm their answers to the ['Screening Questions'](#). Rather than parents actually 'signing' their child in, a staff member will highlight who is dropping off/picking up the child from the list of 'Authorized Adults' provided by the parent. The child's temperature will be taken with an infrared thermometer as the child exits the car. The child will be required to take a 'pump' of hand sanitizer on the way to meet their group.

All camper groups will be assigned their own table in the Pavilion, that will be at least 6 feet away from another. Activities and games will be designed to keep campers at their designated table until the program day begins.

Requirement that all sick children and staff are to stay home.

- We are required to communicate to parents the importance of keeping children home when they are sick.
- We are required to communicate to staff the importance of being vigilant for symptoms and staying in touch with camp leadership if or when they start to feel sick.
- While attending Camp, families and staff are encouraged to limit their interactions with others outside of camp in the evenings. This is in an effort to minimize the number of individuals which children are coming in contact with and thereby reducing the risk to other children in their group at camp. Also it will help in the case of having to conduct contact tracing.

Sick staff members should not return to work until they have met the [criteria to discontinue home isolation](#).

Screening Questions

Questions to be asked to any camper upon arrival to camp, and staff or volunteer that is re-entering the camp after time off:

1. Has there been a change in your child's health status since you submitted the 2020 Health History form?
2. Have you traveled to a country that the CDC has issued a Level 2 or 3 travel designation in the last 14 days?
3. Have you had contact with anyone under investigation for COVID-19 in the last 14 days, or with anyone known to have COVID-19?
4. Do you have any symptoms of a respiratory infection (e.g. cough, sore throat, fever, or shortness of breath)?
5. Have you had a fever within the last 72 hours?
6. Have tested positive for COVID-19 within the last 14 days?

Taking a child's temperature

If staff takes temperature with ear probe thermometer:

- Staff member will wear appropriate PPE.
- Wash/sanitize hands between each child
- Put on new probe cover for each child and dispose after use
- Put on new gloves for each child
- Take temperature and record

If staff takes temperature with infrared thermometer:

- Staff members will wear appropriate PPE.
- Take temperature and record

****As per OEC Coronavirus Memo #15 that was revised on June 25th Temperature checks are no longer required. We continued with temp checks for summer camp programs, but will not require it during Fall Camp Care****

Daily Screening & Assessment

- In day camp, staff and camper temperatures will be taken on arrival each day.
- For those staying on site, or for an extended day, temperatures will be taken twice a day, once before breakfast, and once before dinner.

Preventing Infections

- Educate staff to take [everyday preventive actions](#) to prevent the spread of respiratory illness.
- [Hand washing](#)
- [Clean and disinfect frequently touched surfaces.](#)
- [Cover cough and sneezes](#)
- [Face covering.](#)
- Modified Program, to minimize interaction and maximize physical distancing between Cabin Groups

Hand washing

- [Wash your hands](#) often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Supervise younger children when they use hand sanitizer
- Observe all children when washing hands
- Post notices describing handwashing steps in bathrooms
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- All children, staff and volunteers should engage in hand hygiene at the following times:
 - Arrival, and after breaks
 - Before and after preparing food or drinks
 - Before and after eating or handling food
 - Before and after administering medication
 - After using the toilet
 - After coming in contact with bodily fluid
 - After playing outdoors
 - After handling garbage
 - After blowing one's nose, coughing, or sneezing

Cover cough and sneezes

- Cover your mouth and nose with a tissue when you cough or sneeze
- Throw used tissues in the trash
- If you don't have a tissue, cough or sneeze into your elbow, not your hands

Remember to immediately [wash your hands](#) after blowing your nose, coughing or sneezing.

Face Masks and Cloth Face Covers

Cloth face coverings should—

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Staff: will adhere to the most recent orders from the Governor - as of today (5/15), that means staff will wear cloth face coverings at all times, unless they are unable to due to a health concern, or they are working in outdoor workspaces where employees do not regularly come within six feet of others.

Campers: are not required but will be encouraged to wear cloth face coverings in settings where other social distancing measures are difficult to maintain.

**** As per OEC Coronavirus Memo #29: Children 3 years of age and older are required to wear masks while in child care programs” This change is effective of 9/21/2020, camps may develop a phase-in plan extending up to October 19th. During Fall Camp Care, we have informed parents of this notice and that we will require children to wear masks inside from that date forward.****

Response and Management of Case(s) or Probable Case(s)

Camper/Staff

- In the event some feels ill, they should report to the health lodge.
- Our Health Lodge will be set up with two defined entrances, one for regular the 'I rolled my ankle' type complaint and another for 'I don't feel well, and I may have a fever'
- Health Lodge Staff will access the patient, while wearing appropriate PPE.
- Sick person will be isolated, camper or staff will be required to leave camp if temp is over 100
- Parents of camper will be called to make arrangements for pick up
- All parents of the group, and anyone that meets the definition of '[close contact](#)' will be contacted, to inform them that a child or staff member from their group has left camp due to a fever over 100.
- If we are informed of a positive COVID-19 test, an email will be sent to the families of the cabin group.
- The Camp will follow CDC guidance on how to [disinfect your building or facility](#) if someone is sick.
- Clean and disinfect surfaces in the isolation room after the sick child has gone home.
- If COVID-19 is confirmed in a child or staff member follow the protocols detailed in the [cleaning section](#).
- If your child shows symptoms of COVID-19 and tests positive within one week of leaving camp, please inform us so we are able to help with community contact tracing.

Reporting

In February 2020, COVID-19 was added to the List of Reportable Diseases. Those required to Report such diseases must report cases of COVID-19 infection immediately to the Connecticut Department of Public Health and to the local department of health in the town of residence of the case-patient by telephone on the day of recognition or strong suspicion of the disease. The COVID-19 report form is available on the DPH website at <https://dphsubmissions.ct.gov/Covid/InitiateCovidReport>

- Additional practices to those below may be recommended to the provider in consultation with the local health department or the CT Department of Public Health.
- Contact your local health department or the CT Department of Public Health.
- Determine the date of symptom onset for the child/staff member.
- Determine if the child/staff member attended/worked at the program while symptomatic or during the two days before symptoms began.
- Identify what days the child/staff member attended/worked during that time.
- Determine who had close contact with the child/staff member at the program during those days (staff and other children)
- Exclude the children and staff members who are determined to have had close contact with the affected child/staff member for 14 days after the last day they had contact with the affected child/staff member.
- Conduct appropriate cleaning and disinfection:
 - Close off areas used by the person who is sick.
 - Open outside doors and windows to increase air circulation in the areas.
 - Wait up to 24 hours or as long as possible before cleaning or disinfecting to allow respiratory droplets to settle before cleaning and disinfecting.
 - Clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas.
 - If more than 7 days have passed since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.
 - Continue routine cleaning and disinfection.

A child/staff will be unable to attend camp until:

1. Has there been a change in your child's health status since you submitted the 2020 Health History form?
 - *If yes, update Health History Form on CampInTouch*
2. Have you traveled to a country that the CDC has issued a Level 2 or 3 travel designation in the last 14 days?
 - *If yes, child can return to camp after the 14 days has concluded.*
3. Have you had contact with anyone under investigation for COVID-19 in the last 14 days, or with anyone known to have COVID-19?
 - *If yes, child/staff can return to camp after the 14 days has concluded. You should stay home for 14 days after your last exposure, check your temperature twice a day and watch for symptoms of COVID-19, if possible stay away from people who are at higher risk for getting sick from COVID-19.*
4. Do you have any symptoms of a respiratory infection (e.g. cough, sore throat, or shortness of breath)?
 - *Must be symptom free for 72 hours, without any medication*
5. Have you had a fever within the last 72 hours?
 - *Must be fever free for 72 hours, without any fever reducing medication*
6. Have tested positive for COVID-19 within the last 14 days? OR answered Yes to Question 4 & 5.
 - If you have not had a test to determine if you are still contagious, you can leave home after these three things have happened:
 - You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)
 - AND

- other symptoms have improved (for example, when your cough or shortness of breath have improved)
AND
- at least 10 days have passed since your symptoms first appeared
- **If you have had a test** to determine if you are still contagious, you can leave home after these three things have happened:
 - You no longer have a fever (**without** the use of medicine that reduces fevers)
AND
 - other symptoms have improved (for example, when your cough or shortness of breath have improved)
AND
 - you received two negative tests in a row, at least 24 hours apart. Your doctor will follow [CDC guidelines](#).

Additional scenarios for staff:

If staff member is in contact with someone with a fever:

- If the staff member does not have a fever, they may work. Additional temperature checks should be conducted throughout the day

If staff member is in contact with someone with a fever, and has reason to believe that individual may have been exposed:

- The staff member should not work for 72 hours. If no fever or symptoms have presented, they may return to work, unless the person they have been in contact with has developed additional symptoms or tested positive. Then they should follow the guidance for the answer to Question 3

Contact Tracing

Assessing and informing those with potential exposure is a fundamental control strategy for minimizing spread within a group or camp population.

CDC defines states “*Based on our current knowledge, a **close contact** is someone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours before illness onset until the time the patient is isolated. They should stay home, maintain social distancing, and self-monitor until 14 days from the last date of exposure.*”

10 ways to manage respiratory symptoms at home

If you have fever, cough, or shortness of breath, call your healthcare provider. They may tell you to manage your care from home. Follow these tips:

- 1. Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



- 6. Cover your cough and sneezes.**



- 2. Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



- 7. Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



- 3. Get rest and stay hydrated.**



- 8.** As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



- 4.** If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



- 9. Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



- 5.** For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



- 10. Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



CS 315822-A 03/12/2020

For more information: www.cdc.gov/COVID19

Health Lodge

The Office of Early Childhood requires *"A physician or advanced practice registered nurse shall be on call and shall be responsible for all health care including first aid. Annually the physician or advanced practice registered nurse shall sign and date standing orders to be carried out in the physician's or advanced practice registered nurse's absence by the youth camp nurse, or first aid instructions to be carried out by a person at least twenty-one years of age who holds current certification in first aid..."*

For a normal summer, we fall under this standard *"For residential youth camps having two hundred fifty or more campers or staff in residence, a registered nurse shall be in charge of first aid and emergency medical care activities."*

This summer, we aim to be above and beyond the first standard.

- Dr. Condulis of Wildwood Pediatrics, as usual, has issued standing orders, and will serve as our on call physician when we are licensed as a youth camp
- Maureen Britt, APRN (and camper parent) works with us to keep up to date on all procedures concerning our Health Lodge during the summer
- We are currently working with our summer Nurses to develop a schedule that works for this year. As I am sure you can appreciate, the demand for health care workers at this time is great. Many of our nurses that were hired for the summer are unable to commit to the duration of their original commitment as their PTO has been cancelled
- All summer we will have a designated, certified First Aider, who is over 21, responsible for basic first aid and the administration of medication from an authorized prescriber. (Medication Authorization from a physician is required for ALL medications to be taken by a camper this summer)
- In addition, we intend to have an RN on site for several hours each day to be able to check in with campers during 'Sick Call' hours.
- In addition, many of our staff are certified in American Red Cross First Aid for the Professional Rescuer

Health Lodge Set Up

- We will re-design the setup of our health lodge in order to separate potentially sick people from those that have another health concern.
- Health Lodge Staff will have the appropriate PPE
- Designated areas will be defined for isolation as needed, prior to parent pick up

Food Service

During our Summer Day Programs lunch will be provided each day. For campers attending Before Care, breakfast will be served to those that arrive prior to 8am.

Lunch

- Meals will be served from our Dining Hall. Only one group will enter the Dining Hall at a time.
- Lunch times will be staggered, with our youngest campers eating first
- Meals will be served 'cafeteria' style to ensure minimal cross contamination from serving utensils
- All Food Service Staff will wear masks and gloves
- We will switch reusable glasses, plates, and cutlery with single-use alternatives and utilize single-use tableware to prevent staff from having to wash previously handled items.
- The group leader will be handed a zip lock bag with individually wrapped condiments and silverware appropriate to the meal being served
- Groups will then take their food to the location of their choosing to eat. All picnic benches around camp will be spaced far more than 6 feet apart. In inclement weather they may choose to go to their assigned cabin, a longhouse or one of the pavilions.
- Our menu will be designed with ease of carrying in mind.
- Special diets will be accommodated as always.

Breakfast

- Breakfasts will be served in the pavilion for Before Care.
- Each breakfast will be individually bagged.
- Examples of breakfasts are: bagel & cream cheese, yoghurt & granola, breakfast sandwich, scone & fruit

Our full Food Service Procedures for this COVID-19 Summer, will soon be available [here](#).

Our Staff

This summer, our staff will be made up of only returning American staff members. This decision was made earlier this month when it became evident that international travel would not be feasible. The advantage of us just hiring returning staff, rather than bringing in new people, is that we can focus on the unique situation and programming of this summer. We are blessed with a strong commitment of returning staff so we are able to offer the best possible program for this year. Staff will participate in a comprehensive staff training to ensure they are confident to run a safe and fun program this year.

Each staff member will follow the guidelines with regards to face coverings in the work place. At this time that means *'Each employee shall be required to wear a mask or other cloth material that covers his or her mouth and nose while in the workplace, except to the extent an employee is using break time to eat or drink. ... In addition, continuous wearing of masks is not required in outdoor workspaces where employees do not regularly come within six feet of other employees.'*

<https://portal.ct.gov/DECD/Content/Coronavirus-Business-Recovery/Safe-Workplace-Rules-for-Essential-Employers>

Below are our policies for staff members:

SCENARIO 1

If staff member is in contact with someone with a fever:

- If the staff member does not have a fever, they may work. Additional temperature checks should be conducted throughout the day

SCENARIO 2

If staff member is in contact with someone with a fever, and has reason to believe that individual may have been exposed:

- The staff member should not work for 72 hours. If no fever or symptoms have presented, they may return to work, unless the person they have been in contact with has developed additional symptoms or tested positive.

SCENARIO 3

If staff member has been in contact with someone that has tested positive, or has a fever and additional symptoms and therefore is a suspected case:

- The staff member should stay home 14 days after your last exposure, check your temperature twice a day and watch for symptoms of COVID-19, if possible stay away from people who are at higher risk for getting sick from COVID-19
- You may return to work, after 14 days if you have not experienced any symptoms

SCENARIO 4

If a staff member tests positive or has a fever and additional symptoms and therefore is a suspected case, you may return to work when:

- If you have not had a test to determine if you are still contagious, you can leave home after these three things have happened:
 - You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)
AND
 - other symptoms have improved (for example, when your cough or shortness of breath have improved)
AND
 - at least 10 days have passed since your symptoms first appeared
 - **If you have had a test** to determine if you are still contagious, you can leave home after these three things have happened:
 - You no longer have a fever (**without** the use of medicine that reduces fevers)
AND
 - other symptoms have improved (for example, when your cough or shortness of breath have improved)
AND
 - you received two negative tests in a row, at least 24 hours apart. Your doctor will follow [CDC guidelines](#).
- 

Cleaning and Disinfecting

Camp Hazen YMCA has always taken the responsibility of maintaining a clean and sanitary facility seriously. This section specially on the additional precautions we will take this summer.

After persons suspected/confirmed to have COVID-19:

- Close off areas used by the person who is sick.
- Open outside doors and windows to increase air circulation in the areas.
- Wait up to 24 hours or as long as possible before you clean or disinfect to allow respiratory droplets to settle before cleaning and disinfecting.
- Clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas.
- If more than 7 days have passed since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.
- Continue routine cleaning and disinfection.

Types of Surfaces

Hard surfaces: Routinely clean frequently touched hard surfaces—e.g., tables, door and cupboard handles, light switches, faucets, toilets, toys, and games—with soap and water or another detergent, then use [EPA-registered household disinfectant](#), [diluted bleach solution](#) or alcohol solution with at least 70 percent alcohol.

Soft surfaces: Routinely clean soft surfaces—e.g., carpets, rugs, drapes,—with soap and water or appropriate cleaners, then launder on the warmest appropriate setting and dry completely or use an [EPA-registered household disinfectant](#).

Linens, Clothing, and other items that can go in the laundry: In order to minimize the possibility of dispersing the virus through the air, do not shake dirty laundry. Wash items as appropriate in accordance with the manufacturer’s instructions/ If possible launder items using the warmest appropriate water settings for the items and dry items completely. Dirty laundry that has been in contact with an ill person can be washed with other people’s items. Clean and disinfect hampers or other carts for transporting laundry according to guidance above for hard or soft surfaces

Cleaning of Facility

Dining Hall – In addition to our Food Service SOP, there will be increased cleaning before and after each meal is served. Frequently touched surfaces will be sprayed with disinfectant. All persons entering and exiting the building will be encouraged to use hand sanitizer.

Dining Hall - restrooms

Our restrooms in the Dining Hall will be cleaned and disinfected every hour while campers are on site vs. our normal SOP is for them to be cleaned before and after each meal.

Common spaces in camp

Each program area and lodge throughout camp will have cleaning supplies available to staff to clean between groups of campers. All cleaning supplies will be stored in designated areas out of reach of young children.

Staff Cabins

Staff will be provided with additional cleaning supplies for their living spaces. Mandatory deep cleaning times will be scheduled with the supervision of leadership staff.

Shower house

Shower houses will be open for the use of toilets and sinks. These will be cleaned and disinfected on an increased schedule, multiple times a day,.

Health Lodge

In addition to our SOP, before and after each meal, frequently touched surfaces will be sprayed with disinfectant multiple times a day, wipes will be available for equipment and pens.

Cleaning of Program Areas

Creative Arts, Land Sports, Outdoor Pursuit, Water Sports and Quest

- All surfaces including tables, benches, chairs, and countertops need to be sprayed or wiped down with disinfectant between each group of campers throughout the day.
- Large program equipment such as boats, bikes, kayaks, canoes will be sanitized between use of campers.
- Individual kits will be made for certain activities to prevent campers from reaching for the same materials.
- Counselors must hand out materials as needed so that campers are not potentially touching materials that others may use.
- Both campers and staff will wash hands, or when not able, use hand sanitizer between each activity

Our cleaning and sanitizing protocol for all individual activities, will soon be available [here](#).

Parent Resources

How to talk to you kids about COVID-19

- CDC talking with kids: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>
- American Red Cross how to talk to kids: <https://www.redcross.org/about-us/news-and-events/news/2020/coronavirus-how-to-talk-to-your-kids.html>
- Kids health advice on talking to kids: <https://kidshealth.org/en/parents/coronavirus-how-talk-child.html>

Educate yourself:

- FAQ's from the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

Protect yourself & others

- WHO #HealthyAtHome – Mental health: <https://www.who.int/news-room/campaigns/connecting-the-world-to-combat-Coronavirus/healthyathome/healthyathome---mental-health?qclid=EAlaIQobChMImo7Ao K26QIVh5-zCh2zBQioEAAAYASAAEqLR7PD BwE>
- CDC Factsheet on COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>
- CDC Poster on 'Stop the Spread': <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
- CDC Poster on coughing: https://www.cdc.gov/flu/pdf/protect/cdc_cough.pdf
- CDC Poster on how to wash your hands: <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>

Can't get enough to read – RESOURCES Camp Hazen YMCA has referenced

- State of Connecticut's Office of Early Childhood Memo #18 Youth Camp Guidance: State of Connecticut's Office of Early Childhood <https://www.ctoec.org/wp-content/uploads/2020/04/COVID-19-memo-18-youth-camp-guidance-2020.05.19-1-1.pdf>
- CDC Considerations for Youth & Summer Camps: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>
- This link is to the full Field Guide for Camps that was developed by an independent expert panel coordinated by Environmental Health & Engineering, Inc who was hired by the American Camp Association and the YMCA of the USA. It is one of the references we have used to develop our program for this summer. <https://www.acacamps.org/resource-library/coronavirus/camp-business/camp-operations-guide-summer-2020>
- We have also relied heavily on the State of Connecticut's Office of Early Childhood. To see their COVID-19 response click here: <https://www.ctoec.org/covid-19>